

CARDIOLOGIA DESPORTIVA

ACADEMIA CARDIOVASCULAR
Sociedade Portuguesa de CARDIOLOGIA



Academia
Cardiovascular
Sociedade Portuguesa de CARDIOLOGIA



ACADEMIA CARDIOVASCULAR
Sociedade Portuguesa de CARDIOLOGIA
**CARDIOLOGIA
DESPORTIVA**

09h00 - OPENING/WELCOME

09h30 - ATHLETE'S HEART Vs. PATHOLOGY: HOW TO MANAGE?

Left ventricular hypertrophy

Dilated left ventricle

Changes in the right ventricle

Q&A and Discussion

10h30 - Coffee break

11h00 - HOT TOPICS IN SPORTS CARDIOLOGY 1

Update on sudden cardiac death in athletes: what's new?

Clinical red flags during extreme exercise

Doping in sports: the real problem and main clinical effects

Q&A and Discussion

**12h00 - CARDIOPULMONARY EXERCISE TESTING IN ATHLETES:
THE ABC FOR CLINICAL PRACTICE**

12h30 - Lunch

14h30 - HOW TO MANAGE PATIENTS WITH SYMPTOMS

Chest pain

Palpitations

Syncope

Q&A and Discussion

15h30 - IMPACT OF HIGH PERFORMANCE ON ATHLETE'S MENTAL HEALTH

16h00 - Coffee break

16h30 - ATHLETE'S ECG: INTERACTIVE QUIZ

Saturday, March 02, 2024

09h30 - HOT TOPICS IN SPORTS CARDIOLOGY 2

What's the role of digital health in sports cardiology?

Challenges and specificities of elite female athletes' evaluation: what should we know?

Exercise prescription in the context of cardiac rehabilitation

Q&A and Discussion

10h30 - Coffee break

11h00 - SPORTS IN ATHLETES WITH CARDIOVASCULAR DISEASE 1

Acute myocarditis

Atrial fibrillation

Primary arrhythmic diseases

Q&A and Discussion

12h00 - SHARED DECISION-PROCESS: HOW TO IMPLEMENT?

12h30 - Lunch

14h30 - SPORTS IN ATHLETES WITH CARDIOVASCULAR DISEASE 2

Myocardial infarction

Valvular disease

Hypertrophic cardiomyopathy

Q&A and Discussion

15h30 - DISCUSSING MY CLINICAL CASE!

Expert Panel:

16h30 - THE YEAR IN SPORTS CARDIOLOGY

17h00 - TAKEHOME MESSAGES



22 606 07 44



academia.cardiovascular@spc.pt



Rua do Campo Alegre 830, Sala 8, 4150-180 Porto