PORTO CMR Level 1 Course

ACADEMIA CARDIOVASCULAR Sociedade Portuguesa de CARDIOLOGIA







Director: Nuno Bettencourt, MD, PhD, FESC, FACC, FSCMR, FSCCT

Number of vacancies: 24

Day 1: Thursday, 28 of May 2026

08h30 - Registration

08h45 - Welcome and Objectives

09h00 - Introduction into MR Physics

09h50 - MRI Safety

10h20 - Coffee-break

10h50 - MR sequences for CMR application

11h30 - Contrast agents

12h00 - Patient preparation & CMR Basic planning for scanning

12h30 - Lunch Break

14h30 - HANDS-ON: Acquisition, advanced post-processing and toolbox-overview

GROUP B: Post-processing and case reading (2 groups of 6 participants)

Patient Scanning, Image Evaluation/Optimization & Reporting Scanning 3/4 patients

GROUP A: Post-processing and case reading Rotation: (4 groups of 3 participants in rotation)

- 1. Morphology and functional analysis using CMR
- 2. Ischemic cases review
- 3. Congenital cases review
- 4. Cardiomyopathies review



Day 2: Friday, 29 of May 2026

- 08h30 Day one overview. Feed-back forms
- 08h45 Scar and fibrosis assessment: LGE & Mapping
- 09h15 Cardiomyopathies
- 09h45 Myocarditis
- 10h15 Cardiac Iron Overload
- 10h30 Coffee-break
- 11h00 Pericardium
- 11h15 Stress CMR
- 12h00 Cardiac Masses
- 12h30 Lunch Break

14h30 - HANDS-ON: Acquisition, advanced post-processing and toolbox-overview

GROUP A: Post-processing and case reading Rotation: (4 groups of 3 participants in rotation)

- 1. Morphology and functional analysis using CMR
- 2. Ischemic cases review
- 3. Congenital cases review
- 4. Cardiomyopathies review

GROUP B: Post-processing and case reading (2 groups of 6 participants)

Patient Scanning, Image Evaluation/Optimization & Reporting Scanning 3/4 patients



Day 3: Saturday, 30 of May 2026

08h30 - Day two overview. Feed-back forms.

08h45 - Role of CMR in Congenital Heart Disease

09h20 - Congenital Heart Disease - Segmental Approach to Diagnosis

10h10 - Aortic Disease: Angiography & Flow assessment

10h30 - Coffee-break

11h00 - New developments in CMR / Future directions

11h20 - CMR Reporting

12h00 - CMR Evaluation: self-test MCQs (30-45 min) Answers and Discussions



